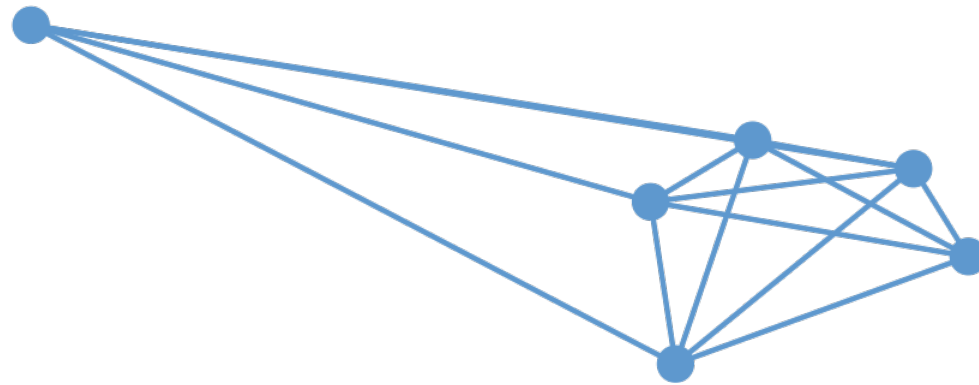


2017 TWIN CITY MEETING HAFNARFJÖRÐUR



	Monday 29 th May	Tuesday 30 th May	Wednesday 31 st May	Thursday 1 st June	Friday 2 nd June	Saturday 3 rd June
Theme	Welcome	Mindfulness	Motion	Nutrition	Courage	
08:00-09:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:30-12:00	Arrival	Workshops Yoga/mindfulness	Workshops	Workshops	Workshops	Departure
12:00-13:00	Light meal	Lunch	Lunch	Lunch	Lunch	
13:00-16:00	Excursion: Reykjanes peninsula	Free time	Chalk art/yoyo	Workshops	Workshops	
16:00-18:00		Free time	Horseback riding 14:30	Workshops Free time	Final rehearsal	
18:00-19:00	Check in	Free time	Free time	Opening ceremony	Premiere	
19:00-19:30	Dinner	Free time	Dinner	Dinner Party	Gala dinner	
19:30-22:00	Frisbee golf	BBQ and Swimming pool party!	International night – local food, culture, music and gifts	Bus to hostel 20:00	Bus to hostel 21:00	